Developmental Milestones Checklist



All children learn and develop differently!

Do you know if your baby is developing according to her/his age'

By 3 Months most children:

- turn head toward bright colors and lights
- move both eyes in the same direction together
- recognize bottle or breast
- respond to child's mother's voice
- make cooing sounds
- bring hands together
- wiggle and kick with arms and legs
- lift head when on stomach
- become quiet in response to sound, especially to speech
- smile

By 6 Months most children:

- turn toward the source of normal sound
 reach for objects and pick them up
- switch toys from one hand to the other
- play with their toes
- · help hold the bottle during feeding
- recognize familiar faces
- imitate speech sounds
- respond to soft sounds, especially talking
- roll over

By 12 Months most children:

- get to a sitting position
- pull to a standing position
- stand briefly without support
- craw
- imitate adults using a cup or telephone
- play peek-a-boo and patty cake
- · wave bye-bye
- put objects in a container
- say at least one word
- make "ma-ma" or "da-da" sounds

By 18 Months most children:

- like to push and pull objects
- say at least six words
- follow simple directions ("Bring the ball")
- pull off shoes, socks and mittens
- can point to a picture that you name in a book
- feed themselves
- make marks on paper with crayons
- walk without help
- walk backwards
- point, make sounds, or try to use words to ask for things
- say "no," shake their head, or push away things they don't want





By 2 years most children:

- use two-to-three-word sentences
- sav about 50 words
- recognize familiar pictures
- kick a ball forward
- feed themselves with a spoon
- demand a lot of your attention
- turn two or three pages together
- like to imitate their parent
- identify hair, eyes, ears, and nose by pointing
- build a tower of four blocks
- show affection

By 3 years most children:

- throw a ball overhand
- ride a tricycle
- put on their shoes
- open the door
- turn one page at a time
- play with other children for a few minutes
- repeat common rhymes
- use three-to-five-word sentences
- name at least one color correctly
- draw a picture (i.e. face, tree, etc.)
- engage in pretend play (i.e. cooking, dress-up, etc)

By 4 years most children:

- organize pretend games (e.g., tea party, play house, etc.)
- sort by shapes and colors
- tell own age and full name
- build pyramid of six blocks
- know "between," "above," "below," "top," "bottom"
- respond to the three commands (e.g., "Pick up the spoon, put it in the cup, and bring it to me")
- articulate /b/, /d/, /k/, /g/, /f/, and /y/
- produce 4-word sentences
- walk down steps, alternating feet
- hold crayon between first two fingers and thumb, not wij
- run around obstacles, turn corners, climb ladder of low equipment
- pretend play w/peers sharing toys

By 5 years most children:

- match letters
- tell month and day of birth
- print first name, recognize a few printed words
- use irregular plurals consistently (e.g., child/children)
- articulate /t/, /ing/, /r/, and /l/
- produce 6-word sentences
- use all pronouns consistently
- mature grasp on pencil
- complete eight-piece puzzle without trial and error
- skip on alternating feet, maintaining balance
- cut simple shapes, color within the lines
- hop in a straight line on one foot



